

Central Coast Kenpo Karate

Job List

*Earn an Attitude Stripe &
DEVELOP GOOD HABITS THAT WILL LAST A LIFETIME*

Name: _____

Date: _____

Clean Room	S	M	T	W	T	F	S
Make My bed							
Hang up my clothes							
Put away all personal belongings							
Self Care	S	M	T	W	T	F	S
Brush my teeth							
Take a bath							
Put all dirty clothes in the laundry							
Lay out my school clothes							
School	S	M	T	W	T	F	S
Complete home work							
Did I work hard and take pride in my lessons today?							
Remember: lunch money, notes from teacher, and overdue library books?							
Did I treat my classmates and teachers with respect?							
Family	S	M	T	W	T	F	S
Pick up all personal belongings around the house							
Clean up after meals and snacks (take out the trash)							
Did I treat my family with love and respect?							

The special goal I'm working toward this week:

Weekly Goal:	
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Note: Blank spaces are left for you to fill in your special jobs.

Inspected by: _____
(Parent or Guardian)

 *On a Quest to be the Best*